

JANUARY 2020

Fairview High/Middle School

Monday

Tuesday

Wednesday

Thursday

Friday



Zanzi's Pizza 6

Seasoned Waffle Fries
Steamed Glazed Carrots
Garlic Bread/Warm Pizza Sauce
Salad Bar
Fresh Assorted Fruits
Tasty Juice & Milk Choices

Tasty Chicken Fajitas 7

Chips or Soft Shell
Cheese Sauce/Salad Bar
Green Peppers & Onions
Mexican Rice/Salsa
Mexican Chili Beans/Salad Bar
Assorted Fruits/Milk

Cheese Garlic Bread 8

Baked Garlic Sticks/Warm Pizza Sauce
Roasted Brussel Sprouts
Sun Chips
Salad Bar
Soft Baked Cookie
Tasty Fruit Juice or Fresh Fruits
Milk Choices

Chicken Sandwich 9

Grilled Chicken Sandwich
Spicy Hot Chicken Sandwich
Spicy Spiral Fries
Salad Bar
Sweet Potatoes/Topping
Tasty Fruit Juices or Fresh Fruits & Milk

Chicken Nuggets 10

Mashed Potatoes/Gravy
Seasoned Green Beans
Biscuits & Jelly
Salad Bar
Cinnamon Apples
Assorted Fruits & Milk Choices

Zanzi's Pizza 13

Deli Roasted Potatoes
Pear Crisp/Salad Bar
Garden Peas
Baked Chips
Fresh Assorted Fruits
Tasty Fruit Juice/Milk

Fresh Baked Mini Corndogs 14

Golden Macaroni & Cheese
Baked Beans
Salad Bar
Fresh Cut Oranges
Tasty Fruit Juice
Milk Choices

BBQ Chicken 15

Mashed Potatoes/Gravy
Steamed Seasoned Green Beans
Sweet Potatoes/Topping
Soft Baked Roll/Salad Bar
Tasty Fruit Juice or Fresh Fruit
Milk Choices

Beefy Nachos/Cheese 16

Corn Chips or Soft Shell
Golden Corn
Refried Beans/Salad Bar
Mexican Rice/Salsa
Warm Queso Blanco Cheese
Tasty Fruit Juice or Fresh Fruits
Milk Choices

Twilight Orange Moon Chicken 17

Sweet Fried Rice
Crunchy Garden Sticks/Ranch
Crispy Egg Rolls/Black Beans
Stir Fry Vegetables
Pineapple Tidbits/Salad Bar
Assorted Fruits/Fortune Cookie
Milk Choices

No School 20

Spaghetti/Meat Sauce 21

Green Beans/Salad
Garlic Breadsticks/Sauce
Salad Bar
Cheese/Saltine Crackers
Mixed Fruit Cups/Assorted Fruits
Milk Choices

Tasty Chicken Fajitas 22

Chips or Soft Shell
Cheese Sauce/Salad Bar
Green Peppers & Onions
Mexican Rice/Salsa
Mexican Chili Beans/Salad Bar
Assorted Fruits/Milk

Country Steak/Gravy 23

Mashed Potatoes
Seasoned Green Beans
Sweet Potatoes w/ Toast Marshmallows
Soft Baked Biscuit
Salad Bar
Tasty Fruit Juice or Fresh Fruit
Milk Choices

Biscuits & Gravy 24

Scrambled Eggs
Sausage
Spicy Salsa
Cinnamon Apples
Seasoned Potato Rounds
Tasty Fruit Juice/ Fresh Fruits
Milk Choices

Zanzi's Pizza 27

Golden Spiral Fries
Country Fried Apples
Fresh Salad Bar
Baked Chips/Tasty Fruit Juice
Fresh Assorted Fruits
Milk Choices

Hamburgers or Cheeseburgers 28

French Fries
Lettuce/Tomato/Pickles
Fresh Salad Bar
Baked Beans
Sidekick
Assorted Fruits
Milk Choices

BBQ Chicken 29

Mashed Potatoes/Gravy
Steamed Seasoned Green Beans
Soft Baked Roll/Salad Bar
Tasty Fruit Juice or Fresh Fruit
Milk Choices

Chili & Uncrustable 30

Fresh Baked Potato
Seasoned Fries
Broccoli /Cheese Sauce
Salad Bar/Crackers/Cornbread
Assorted Fruits
Milk Choices

BBQ Rib Sub/Pickle Spear 31

Deli Roasted Seasoned Spuds
Sweet Potatoes/Toasted Marshmallows
Cole Slaw/Sun Chips
Chocolate Pudding Cup/Whipped Cream
Tasty Fruit Juices/ Fresh Fruits
Milk Choices

Fairview Cafeteria Manager - Elisa Lambert

Elisa.lambert@fairview.kyschools.us

ALL Students receive one FREE breakfast/lunch daily, additional meals: Breakfast 1.25 / Lunch 1.60

Ala-Carte price separately (No Ala-carte' Charges)

Students must take three (3) of the five components offered. One of these must be at least ½ cup of fruit or vegetable

Menu is subject to change without notice due to State regulated Nutritional Standards and availability.

"This institution is an equal opportunity provider"

<https://education.ky.gov/federal/SCN/Pages/USDANondiscriminationStatement.aspx>

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MySchoolBucks.com